

Three Poems



of a sunny day

the stone does not notice

playing dead

stay still as long as you can lying on the floor helps but even then after a while if you don't breathe your lungs hurt and you have to take in a gulp of air

try it in the dark not just eyes closed but really in the dark no vision not even after it has been dark for ages try it you see flashing lights you see colours so it isn't dark anymore and in the dark there are dreams and other pictures and you move with them even if it is just your eyes behind welded lids

and you just can't stay still for ages and ages because you just want to move even if it is just a finger and after a bit you want to stretch

but I knew that as only children know - but only now when I think of these things do I understand why all those years ago I stood transfixed and watched waiting for granny to move



