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# POETRY OF ALISON EASTLEY

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## The Dream Temple Of Kos

The story of Hippocrates is shrouded in uncertainty

despite these facts. He trained as a physician

in the Dream Temple Of Kos. This was back

when Apollo and Panaceia watched Hippocrates

observe the sick and injured. He knew

his humours which, in Latin means moisture

although I doubt he laughed

until tears ran down his face. Hippocrates

was too busy blaming the weather

known as autumn depression where those inclined to drink

quickly became drunks. Hippocrates said a lot

about the cause and even today, nothing much has changed.

#### Taking An Oath

Who wouldn't admire a man more discreet than opium

imported from Egypt, how it always leaves a note

on the pillow where dreams escape the sad woman

wandering like the ghost of an insomniac with a torch

in her hand. The light is softer than the solid claw

of night's bitter talk. At least she can look

forward to a visit from Hippocrates who says

'Melancholia is moist. She must be dried'

so he offers red wine and bleeds her vein. Hippocrates

takes an oath and finally there is silence.

Hippocrates Has Another Dream

It was as cold and dry as ink

tracing where the fracture in the skull

was and it was a shame ink poisoned

what was left of a war-torn life.

Hippocrates sighed. His head ached

like a truth trembling the last

autumn leaf on the tree outside his bedroom window

where he played as a boy. In dreams,

he turns to what is warmer than an epidemic

### **Detours**

Her clothes are too messy to mention a trousseau

even though she's in a new house with a garden of hydrangeas

dropping leaves where thorny weeds scratch her hands,

draw fine red lines like a trail that starts and ends too soon.

It's not the same when he is driving in the country late

at night. When he arrives, she acts like a superstitious

bride where distance means there is no need for a map.

## **Greenpoint Beach**

At the windswept outpost cold waters crash against the coastline.

We scramble over rocks, collect starfish from white sand sticking to our hands,

the smell of salty memories, our childhood *lifted out of time* 

and given to space. I asked you if you knew I felt so close I was incoherent

trying to describe we are inseparable as the waves at Greenpoint Beach

(Italics: Rainer Maria Rilke, Letters On Life.)

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